THE ART OF VIRTUOSITY:

For guitar





CONTENTS

Intro	1
Create Conditions For Good Playing To Happen	3
The Basic Strategy	4
Seating And Hand Positions	5
Playing With The Right Hand	7
Rest Stroke Or Free Stroke	9
Playing With The Left Hand	11
Play In Rhythm	12
Develop Free Stroke Virtuosity	13
Develop A Consistent Sound	18
Keep The Tip Joint Flexible	22
Create Power From Lightness	24
Develop Fluidity In Your Left Hand	27
Develop A Strong Left Hand	31
Play In Rhythm (2)	36
How To Practice Rhythm	38
Keep Your Beat Light	41
When All Else Fails Turn The Guitar Into A Percussive Device	42
Rhythm Makes The Hard Easy And The Easy Hard	45
Natural Movements Are Small	46
Achieve Greater Accuracy By Focusing On The Target	48
Capture The Power In The String	49
Let The Right-Hand Fingers Float Above The Strings	50
Adopt A Flexible Approach To Left-Hand Thumb Placement	51
Free Up Your Elbow	54
Make Your Left Hand Sing (Reprise)	55
How To Play Rest strokes	56
Keep The Tip Joint Flexible (2)	61
Focus On The Plucking, Not The Resting	63
The Technique Of Consolidation As Applied To Scales	64
Don't Think Rest Strokes Or Free Strokes, Think Shading	65
The Art Of Planting Or Preparation	67
Take Care Of The Ending Of Notes	70

Anchoring	75
The Illusion Of Speed	77
The Art Of Speed – The Recuerdos Effect	79
Working Smart	82
Make Things Easy	83
Naturalness	86
The Gollum Factor	88
Fluidity	89
Separate The Source Of Your Rhythm From Your Execution	92
Learn To Play On Top, Ahead, And Behind The Beat	94
Play Linearly	95
Add Nuances And Inflections To Your Rhythm	97
The Art Of Rhythm	99
Acquire A Full Palette Of Sounds	100
Adopt A Loose Approach To Practicing	102
Practicing For Speed And Practicing For Accuracy	104
Be Easy On Yourself And On Others	105
Perform Frequently	106
Let Go Your Inhibitions	108
The Uncertainty Factor	109
Leave Nothing To Chance	110
Teachers	112
Learn From Books And From Others	113
Learn By Watching Others	114
Practicing The Tremolo	115
Playing Three-Finger Scales	124
The Art Of Transcription	128
The Art Of Expression	137
Make Your Gestures Larger Than Life	151
Make The Notes Come Alive	153
Exist In A State Of No Limitations	155
Summary	1 <i>57</i>
Dedication And Convright Information	158

INTRO

This book is different from other technique books in one respect.

You won't find many musical examples or technical exercises here. The emphasis is on concepts.

I've always believed in the power of concepts, simple concepts that can change your playing in a fundamental way.

Take for instance, fluidity.

For years, I had difficulty negotiating the sudden rapid descending run in the middle of Villa Lobos Etude #1.

Despite months of practice, the run proved elusive.

And then one day, I found that by anticipating the notes, I was able to move quickly and fluidly through the fast changing shifts. Suddenly the passage became easy.

One simple concept and it changed my playing overnight.

That's the power of concepts.

This book is a compendium of everything I have learned in forty years of playing the guitar. I have held nothing back. Everything I've learned is contained within here.

But first, some disclaimers.

This book describes a specific approach to playing the classical guitar and there may be elements in that approach that may not work for you. If so, ignore them.

If you feel in conflict with any of the opinions or techniques expressed, ignore them too.

It is not my intent to convert anyone to a particular way of thinking. My purpose in writing this book is to share what I believe are key aspects of virtuoso technique on the classical guitar.

If you feel you're already satisfied with your present skills on the guitar, this book is not for you, but if you're looking for a new approach to bring you to another level, this book may offer some surprising new insights.

In an effort to be as comprehensive as possible, I've included information on basics such as seating and positioning. If you're already an advanced player, you can skip them too.

In a way, this book is the prequel to the Art of Virtuosity (referred to as the AOV from now on).

The techniques in this book provide the basis from where I derived the principles in that first book. You do not need the AOV to understand the techniques in this book but it helps.

Virtuosity is a journey, and there's no more exciting journey than that of discovering your innate gifts as a virtuoso guitar player.

May your playing be filled with virtuosity.