

PLAYING THREE-FINGER SCALES

One of the keys to speed described in the AOV is to employ more component parts to do your work for you.

That's the basic rationale behind three finger scales.

By just adding one finger, you can experience an almost exponential increase in your speed.

PREPARATIONS

The basic preparations are the same as that for the tremolo technique.

1. Position your fingers optimally above the strings

Keep them close to the strings, every finger should be about the same distance from the strings.

2. Keep the fingers light and relaxed.

3. Make sure you get a clear and strongly defined attack in your sound. I have explained elsewhere why this is important.

These three conditions are absolutely essential.

The first condition will result in natural economy, the second condition will enable you to move freely and the third condition will give you precision and clarity.

HOW TO PRACTICE THE TECHNIQUE

First, develop *a-m-i* rest strokes.

Play *a-m-i* on the first string.



Remember to do the rest strokes lightly. Focus on the plucking, not on the resting.

